The Road to Mastery

Follow the Rules (Apprentice)
- Pick a method
- Follow it thoughtfully & rigorously
- Study the method further
- Reflect on your experiences

Break the Rules (Journeyman)
- Observe results. What could be better?
- Follow it thoughtfully & rigorously
- Make a change

Ignore the Rules (Master)
- Do what feels right
- Observe results

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